

## NOTES:

The word "hope" in the Bible is rooted in confidence. That's why God's oath is so important—it sets us up for a certain expectation: that this is true because God said it was. This is our foundation of hope. So we run to Jesus and grab a hold of this hope that the writer describes. Our anchor is a hope that pulls us upwards to Jesus—and ultimately into the presence of God. In the midst of shaking and uncertainty, we have an anchor to hold on to throughout the storm.

There are times in our faith where the best that we can do is to put the anchors out and hold on. We have to stay where Jesus calls us to be. There is safety to be where God has told us to be and we must hold on. When we run in our own energy or strength instead of staying where God has told you to stay, you begin to get into trouble.

## DISCUSSION QUESTIONS:

How does knowing that there is no one greater than God encourage you?

How can you grow in confidence that you can trust God's words and promises?

What are other things that you have run to in the past? Were they able to support you as good as Jesus does?

Why is it important to stay where Jesus has told you to be, even when it seems dangerous or scary?

Share of a time that you have had to "throw out the anchors" and fully rely on Jesus to come through for you.

## VERSES:

### Hebrews 6:13-20

*When God made his promise to Abraham, since there was no one greater for him to swear by, he swore by himself, 14 saying, "I will surely bless you and give you many descendants." 15 And so after waiting patiently, Abraham received what was promised.*

*16 Men swear by someone greater than themselves, and the oath confirms what is said and puts an end to all argument. 17 Because God wanted to make the unchanging nature of his purpose very clear to the heirs of what was promised, he confirmed it with an oath. 18 God did this so that, by two unchangeable things in which it is impossible for God to lie, we who have fled to take hold of the hope offered to us may be greatly encouraged. 19 We have this hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain, 20 where Jesus, who went before us, has entered on our behalf. He has become a high priest forever, in the order of Melchizedek.*

Acts 27:27-32

*On the fourteenth night we were still being driven across the Adriatic Sea, when about midnight the sailors sensed they were approaching land. 28 They took soundings and found that the water was a hundred and twenty feet deep. A short time later they took soundings again and found it was ninety feet deep. 29 Fearing that we would be dashed against the rocks, they dropped four anchors from the stern and prayed for daylight. 30 In an attempt to escape from the ship, the sailors let the lifeboat down into the sea, pretending they were going to lower some anchors from the bow. 31 Then Paul said to the centurion and the soldiers, "Unless these men stay with the ship, you cannot be saved." 32 So the soldiers cut the ropes that held the lifeboat and let it fall away.*